

The background features abstract, overlapping green geometric shapes, primarily triangles and polygons, in various shades of green, creating a modern and dynamic visual effect.

Reading Workshop

Book Trust: The Digital Reading Habits of Children (2016)

- ▶ Most parents have concerns over children using interactive e-books, with only 8% having no concerns.
- ▶ Concerns include that interactive ebooks will:
 - ▶ increase children's screen time (45%);
 - ▶ mean they lose interest in print books (35%);
 - ▶ expose them to inappropriate content (31%) or too much advertising (27%);
 - ▶ affect a child's attention span (26%);
 - ▶ reduce parents' ability to monitor what children look at (22%) or result in children purchasing add-ons without parents' knowledge (21%);
 - ▶ inhibit learning (14%);
 - ▶ harm a child's brain (10%)

Positive Screen Time

- ▶ Capitalising on children's love of technology
- ▶ Increasing the range of texts - not restricting while still promoting paper books
- ▶ E-Platform has monitoring settings
- ▶ Attention span
- ▶ Digital World

UK Chief Medical Officers' advice for parents and carers on Children and Young People's screen and social media use

Technology can be a wonderful thing but too much time sitting down or using mobile devices can get in the way of important, healthy activities. Here are some tips for balancing screen use with healthy living.

Sleep matters

Getting enough, good quality sleep is very important. Leave phones outside the bedroom when it is bedtime.



Sharing sensibly

Talk about sharing photos and information online and how photos and words are sometimes manipulated. Parents and carers should never assume that children are happy for their photos to be shared. For everyone – when in doubt, don't upload!



Education matters

Make sure you and your children are aware of, and abide by, their school's policy on screen time.



Keep moving!

Everyone should take a break after a couple of hours sitting or lying down using a screen. It's good to get up and move about a bit. #sitlessmovemore



Safety when out and about

Advise children to put their screens away while crossing the road or doing an activity that needs their full attention.



Talking helps

Talk with children about using screens and what they are watching. A change in behaviour can be a sign they are distressed – make sure they know they can always speak to you or another responsible adult if they feel uncomfortable with screen or social media use.



Family time together

Screen-free meal times are a good idea – you can enjoy face-to-face conversation, with adults giving their full attention to children.



Use helpful phone features

Some devices and platforms have special features – try using these features to keep track of how much time you (and with their permission, your children) spend looking at screens or on social media.



Benefits of E-Platform

- ▶ Widening the range of texts
- ▶ Improving vocabulary
- ▶ Library skills
- ▶ Dyslexia friendly
- ▶ National Agenda: Boys Reading
- ▶ Parent Engagement - Shared Reading

Using E-Platform: Time to Explore

- ▶ Meadowsprimary.wheelers.co
- ▶ Username: sam.smith
- ▶ Password: library

World Book Day

- ▶ Share a Story Today
- ▶ Story in a Jar
- ▶ The launch of Reading Challenges
- ▶ CQ Resources: Storm Whale (Class 1 and 2), I Want My Hat Back (Class 3), Cloud Tea Monkeys
- ▶ Home learning activities linked to the text
- ▶ End of the day: Share a story with your child with a cup of hot chocolate

Story Jar Examples





One final request...

- Mystery Readers!